

Kindergarten Readiness

Skill Practice

Kindergarten Readiness Checklist

Self Help Skills

Can use the bathroom independently and complete accompanying hygiene tasks
Able to dress self (puts on coat, fastens snaps, buttons and zippers)
States full name and age

Social/Emotional Skills

Separates from caregivers without excessive upset
Plays/shares with other children
Waits his turn
Attends to an adult-directed task for at least 5 minutes
Recognizes and responds to other people's feelings
Uses "please" and "thank you"

Language Skills (Expressive and Receptive)

Expresses needs and wants verbally
Speaks in complete sentences (5 to 6 words)
Is generally understood by adults
Uses words, not physical action, to express emotions such as anger or disappointment
Understands and follows two-step directions
Understands positional vocabulary (i.e. on top of, below, next to)

Fine Motor Skills

Holds pencil/crayon in a non-fisted grip
Able to control scissors to complete an intentional task
Traces lines and basic shapes
Copies basic figures such as a circle, square and a straight line

Gross Motor Skills

Runs and skips
Jumps with feet together and hops while balancing on one foot.
Climbs stairs with alternating feet
Walks backwards
Bounces a kickball
Attempts a two-handed catch of a kickball

Math Skills

Counts from 1 to 10
Recognizes/points to/identifies basic shapes (square, circle, triangle, rectangle)
Beginning to count with one-to-one correspondence
Can sort items by one or more attributes
Identifies, either verbally or by pointing to, the colors of crayons in the 8-count box (black, blue, brown, green, orange, red, purple, yellow)

Literacy/Phonemic Awareness Skills

Enjoys being read to/listening to stories
Recognizes environmental print (familiar logos, signs and words)
Knows how to handle a book (i.e. holds book right side up, knows where it starts and ends)
Recites the alphabet
Identifies some letters and some of the sounds they make, either by sound to letter or letter to sound
Recognizes own name in print
Able to discern whether or not two words rhyme, may be able to provide a third rhyme for the words
Tries to write own name or other ideas by using symbols or letters
Can draw a picture to express an idea

I can write my name!



Practice

A series of ten horizontal writing lines for practice. Each line set consists of a solid top line, a dashed middle line, and a solid bottom line, providing a guide for letter height and placement.



Name: _____

Writing Your Address

Write your address on the lines below.

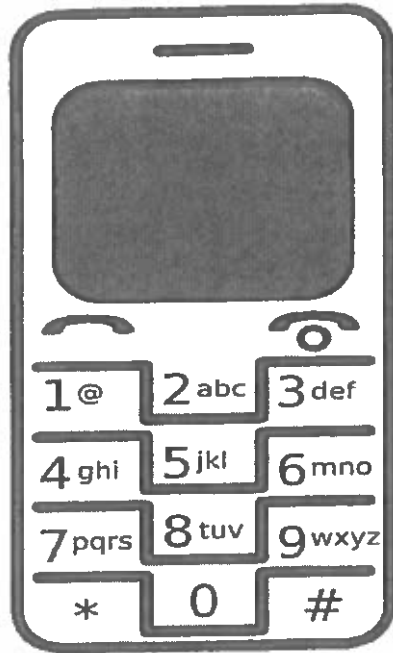
Four sets of handwriting lines, each consisting of a solid top line, a dashed middle line, and a solid bottom line.

Draw a picture of where you live.

A large empty rectangular box for drawing.



I know my phone number!



Practice dialing your phone number

Practice writing your phone number

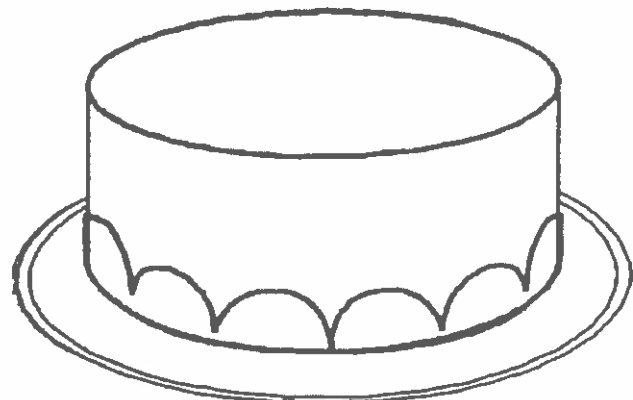
_____ - _____ - _____ - _____ - _____ - _____ - _____ - _____

_____ - _____ - _____ - _____ - _____ - _____ - _____ - _____

My Birthday is on:

I am _____ years old.

How old will you be on your next birthday? Draw the correct number of candles on the cake.



Name _____

Practice Sheet

Aa Bb Cc Dd Ee Ff

Gg Hh Ii Jj Kk Ll Mm

Nn Oo Pp Qq Rr Ss Tt

Uu Vv Ww Xx Yy Zz

Aa Bb Cc Dd Ee Ff

Gg Hh Ii Jj Kk Ll Mm

Nn Oo Pp Qq Rr Ss Tt

Uu Vv Ww Xx Yy Zz

Name: _____

Date: _____

Uppercase A-Z

A B C D E F G

H I J K L M N

O P Q R S T U

V W X Y Z

Name: _____

Date: _____

Uppercase A-Z

A B C D E F G

H I J K L M N

O P Q R S T U

V W X Y Z

Name: _____

Date: _____

Lowercase a-z

a b c d e f g

h i j k l m n

o p q r s t u

v w x y z

Name: _____

Date: _____

Lowercase a-z

Handwriting practice lines for lowercase letters a-z. Each letter is shown in a dotted format for tracing on a set of three horizontal lines. The letters are arranged in four rows:

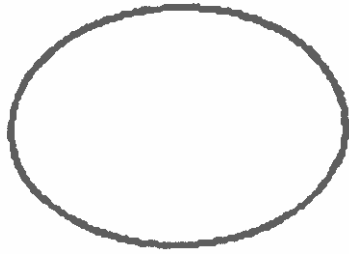
- Row 1: a, b, c, d, e, f, g
- Row 2: h, i, j, k, l, m, n
- Row 3: o, p, q, r, s, t, u
- Row 4: v, w, x, y, z

Name: _____

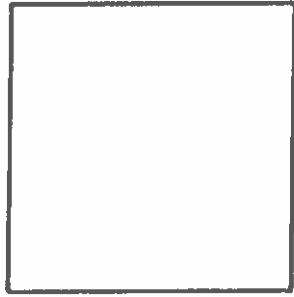


Color the crayons to match their labels.

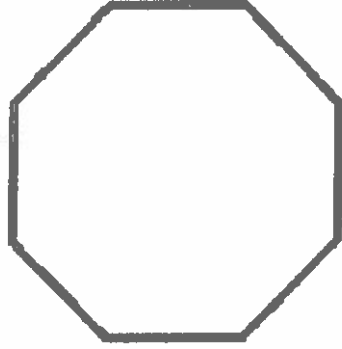
I know these shapes.



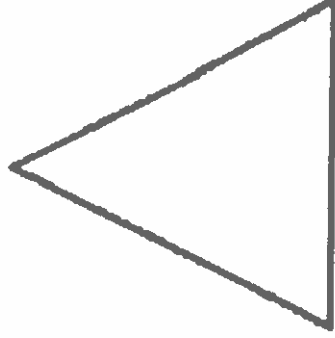
oval



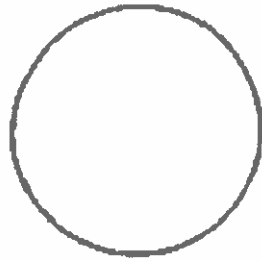
square



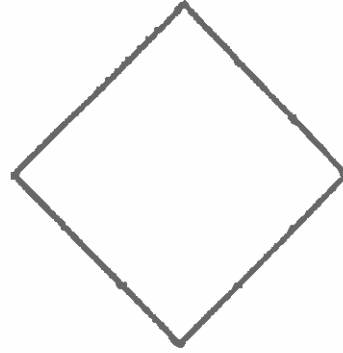
octagon



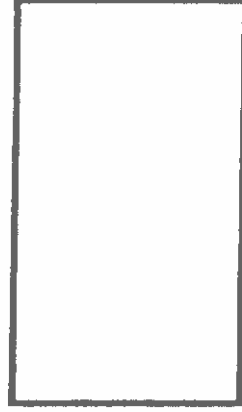
triangle



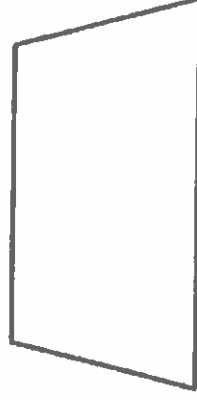
circle



rhombus



rectangle



trapezoid